

Jason D. Engel, MD, F.A.C.S
Andrew Tobon, MD
Ndidi Okanu, NP



Adult Urology
Male Infertility
Urinary Stone Disease
Urologic Oncology
Impotence
Urinary Infection
Urologic Laparoscopy
DaVinci Robotic Surgery
Reconstructive Urology

Consent for Rezum

Today's date: _____

Patient: (Last, First name) _____

DOB: _____

Today you will have a Rezum procedure. You have already been asked to review this procedure in great detail on our website, and all of your questions and concerns have been addressed.

For this procedure you will first have an ultrasound probe passed into your rectum, and series of injections that are not particularly painful will be used to numb your prostate. Then, you will be repositioned and a scope inserted into your urethra.

The actual Rezum procedure takes only a few minutes. Each treatment is only nine seconds, and normal five to seven treatments are done.

You will go home with a catheter and you will be instructed to remove this at midnight on Thursday and to ensure you come to see our nurse practitioner on Friday am to ensure you can void. Some patients will learn self-catheterization or have a catheter reinserted. All patients will find it harder to urinate at first over the weekend. It is common to have increased frequency and mild burning with urination for a week or so after Rezum.

Do not stop your BPH medication unless instructed to do so. Urinary tract infections are rare but can happen. You have already been told that there is a 20% chance of decreased semen volume and exceedingly rare chance of a Rezum affecting your continence or erections.

Patient or Parent/Guardian (Signature): _____